Moving expenses worksheet

For a move to start a new job, run a business or go to school full time.

How to use this worksheet

1. Type in the shaded boxes. Leave a box empty if it does not apply.
2. Totals add up by themselves in Adobe Acrobat Reader (free). In other apps, just leave them; we add them up.
3. Save the PDF and upload it in your organizer, with your receipts and slips.

You type here | *Example* Shows the format | Adds up by itself

You can claim if your new home is at least 40 km closer (by the shortest normal route) to your new work or school. Not sure? Fill it in anyway; we check.

1. Your move

Old address		*Where you lived before the move*
New address		*Where you live now*
Date you moved		*Type like 2026-07-15*
Why did you move?		
Name of the new employer or school		
Date you started there		
Km from OLD home to new work or school		*Use Google Maps, shortest normal route*
Km from NEW home to new work or school		
How much closer you are now (km)		*Needs to be 40 km or more.*
Did your employer pay you back for any of the move?		
If yes, how much?		*Or upload the letter or slip that shows it*

2. What the move cost

Enter what you paid. Keep the receipts and upload them with this file.

Cost	What counts	Amount paid in 2026
Movers and storage	*Moving company, truck rental, packing, storage on the way*	
Travel to the new home	*Gas, flights, hotel, meals on the way (for you and your family)*	
Temporary housing	*Hotel or rental near the new home, up to 15 days*	
Breaking your old lease	*Penalty you paid to end the lease early*	
Selling your old home	*Real estate commission, legal fees, mortgage penalty*	
Buying the new home	*Legal fees and land transfer tax, only if you sold your old home*	
Keeping the empty old home	*Mortgage interest, property tax, insurance and utilities while it was for sale (up to $5,000)*	
Changing your address	*New driver's licence, plates, utility hook-ups*	
Other	*Please explain in the notes below*	
Total		

3. Driving for the move

If you drove, tell us the km instead of keeping gas receipts. We use CRA's per-km rate when it is better for you.

Km driven for the move	
Number of vehicles	
Number of people who moved	
Days on the road	

Notes for us

Anything we should know. For example: "I sold the old fridge" or "The tenant moved out in June."

Done? Save this PDF and upload it in your organizer, with everything else.
Questions? 343-777-9845 · hello@mbcorp.ca